

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 My Mother kept a garden, a garden of the heart. She planted all the good things that gave my life its start.				9:00 Full Body Warmup 1 10:00 Patio Party 11:00 IN2L Brain Fitness 1:00 Garden Club 2:00 Amazing History 3:00 Book Club 4:00 Sing-Along Karaoke 6:00 Alternative Sports May Day	9:00 Music & Movement 2 10:00 Crafts & Coffee 11:00 Outdoor Leisure 1:00 Movie Time 3:00 Bingo! 4:00 Trivia Time! 6:00 Poker/Cards National Space Day	9:00 IN2L Brain Fitness 3 10:00 Seated Workout 11:00 Trivia 1:00 Refreshment Cart 3:00 IN2L Games 4:00 Jigsaw Puzzles 6:00 Documentary Night
9:00 Weekly News 4 10:00 Shake it Out Exercise 11:00 Bible Study 1:00 Sensory Exploration 3:00 Rock Painting 4:00 Board Games/Cards 6:00 Checkers and Chess	9:00 Chair Zumba 5 10:00 Crafts & Coffee 11:00 Trivia! 1:00 Movie Time 3:00 Bingo! 4:00 Fircrest Scrapbook 6:00 Dominoes Cinco de Mayo	9:00 Sit & Be Fit 6 10:00 Patio Party 11:00 IN2L Brain Fitness 1:00 Cooking Club 2:00 Refreshment Cart 3:00 Book Club 4:00 Mocktail Pub Quiz 6:00 Charades/Pictionary National Nurses Day	9:00 Chair Yoga/Meditation 7 10:00 Card Games 11:00 Nature Walk 1:00 Mad Science Experiments 2:00 Art Hour 3:00 Bingo! 4:00 Fircrest Scrapbook 6:00 Movie Night	9:00 Full Body Warmup 8 10:00 Patio Party 11:00 IN2L Brain Fitness 1:00 Garden Club 2:00 Amazing History 3:00 Book Club 4:00 Sing-Along Karaoke 6:00 Alternative Sports	9:00 Music & Movement 9 10:00 Crafts & Coffee 11:00 Outdoor Leisure 1:00 Movie Time 3:00 Bingo! 4:00 Trivia Time! 6:00 Poker/Cards	9:00 IN2L Brain Fitness 10 10:00 Seated Workout 11:00 Trivia 1:00 Refreshment Cart 3:00 IN2L Games 4:00 Jigsaw Puzzles 6:00 Documentary Night
9:00 Weekly News 11 10:00 Shake it Out Exercise 11:00 Bible Study 1:00 Sensory Exploration 3:00 Rock Painting 4:00 Board Games/Cards 6:00 Checkers and Chess Mother's Day National Skilled Nursing Care Week	9:00 Chair Zumba 12 10:00 Crafts & Coffee 11:00 Trivia! 1:00 Movie Time 3:00 Bingo! 4:00 Fircrest Scrapbook 6:00 Dominoes	9:00 Sit & Be Fit 13 10:00 Patio Party 11:00 IN2L Brain Fitness 1:00 Cooking Club 2:00 Refreshment Cart 3:00 Book Club 4:00 Mocktail Pub Quiz 6:00 Charades/Pictionary Garv S Birthday	9:00 Chair Yoga/Meditation 14 10:00 Card Games 11:00 Nature Walk 1:00 Mad Science Experiments 2:00 Art Hour 3:00 Bingo! 4:00 Fircrest Scrapbook 6:00 Movie Night National Receptionist Day	9:00 Full Body Warmup 15 10:00 Patio Party 11:00 IN2L Brain Fitness 1:00 Garden Club 2:00 Amazing History 3:00 Book Club 4:00 Sing-Along Karaoke 6:00 Alternative Sports	9:00 Music & Movement 16 10:00 Movie 11:30 Outdoor Leisure 1:00 Craft Hour 2:00 Makulele Performance 3:00 Bingo! 4:00 Trivia Time! 6:00 Poker/Cards Classic Movie Day	9:00 IN2L Brain Fitness 17 10:00 Seated Workout 11:00 Trivia 1:00 Refreshment Cart 3:00 IN2L Games 4:00 Jigsaw Puzzles 6:00 Documentary Night Armed Forces Day
9:00 Weekly News 18 10:00 Shake it Out Exercise 11:00 Bible Study 1:00 Sensory Exploration 3:00 Rock Painting 4:00 Board Games/Cards 6:00 Checkers and Chess	9:00 Chair Zumba 19 10:00 Crafts & Coffee 11:00 Trivia! 1:00 Movie Time 3:00 Bingo! 4:00 Fircrest Scrapbook 6:00 Dominoes Victoria Day (Canada)	9:00 Sit & Be Fit 20 10:00 Patio Party 11:00 IN2L Brain Fitness 1:00 Cooking Club 2:00 Refreshment Cart 3:00 Live Performance! 4:00 Mocktail Pub Quiz 6:00 Charades/Pictionary	9:00 Chair Yoga/Meditation 21 10:00 Card Games 11:00 Nature Walk 1:00 Pamper Party! 2:00 Art Hour 3:00 Cowgirl Performance 4:00 Fircrest Scrapbook 6:00 Movie Night Cowboy Games	9:00 Full Body Warmup 22 10:00 Patio Party 11:00 IN2L Brain Fitness 1:00 Garden Club 2:00 Amazing History 3:00 Book Club 4:00 Sing-Along Karaoke 6:00 Alternative Sports Dennis H Birthday	9:00 Music & Movement 23 10:00 Crafts & Coffee 11:00 Outdoor Leisure 1:00 Movie Time 3:00 Bingo! 4:00 Trivia Time! 6:00 Poker/Cards	9:00 IN2L Brain Fitness 24 10:00 Seated Workout 11:00 Trivia 1:00 Refreshment Cart 3:00 IN2L Games 4:00 Jigsaw Puzzles 6:00 Documentary Night
9:00 Weekly News 25 10:00 Shake it Out Exercise 11:00 Bible Study 1:00 Sensory Exploration 3:00 Rock Painting 4:00 Board Games/Cards 6:00 Checkers and Chess	9:00 Chair Zumba 26 10:00 Crafts & Coffee 11:00 Trivia! 1:00 Movie Time 2:30 Crafts & Coffee 3:00 Bingo! 4:00 Fircrest Scrapbook 6:00 Dominoes Memorial Day	9:00 Sit & Be Fit 27 10:00 Patio Party 11:00 IN2L Brain Fitness 1:00 Cooking Club 2:00 Refreshment Cart 3:00 Book Club 4:00 Mocktail Pub Quiz 6:00 Charades/Pictionary	9:00 Chair Yoga/Meditation 28 10:00 Card Games 11:00 Nature Walk 1:00 Mad Science Experiments 2:00 Art Hour 3:00 Bingo! 4:00 Fircrest Scrapbook 6:00 Movie Night	9:00 Full Body Warmup 29 10:00 Patio Party 11:00 IN2L Brain Fitness 1:00 Garden Club 2:00 Amazing History 3:00 Book Club 4:00 Sing-Along Karaoke 6:00 Alternative Sports	9:00 Music & Movement 30 10:00 Crafts & Coffee 11:00 Outdoor Leisure 1:00 Movie Time 2:30 Art Hour 3:00 Bingo! 4:00 Trivia Time! 6:00 Poker/Cards	9:00 IN2L Brain Fitness 31 10:00 Seated Workout 11:00 Trivia 1:00 Refreshment Cart 3:00 IN2L Games 4:00 Jigsaw Puzzles 6:00 Documentary Night